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# **PCVS Monthly Newsletter - November 2024**

# Congratulations.....





# NHS Parliamentary Awards.

PCVS are delighted that Thistlemoor Medical Centre, won the Health Equalities award at the recent parliamentary awards ceremony.

Our own Gina Goubran, is part of the team nominated by Andrew Pakes MP for the amazing work done. She led the Population Health Management project.

Congratulations to all those involved in this excellent work and long may it continue.

defined medical problems, listen to them, find out what's going on in their lives. The key: don't presume, don't assume, seek to understand and learn then provide support to the areas that matter the most to them. Unsurprisingly this relates to the wider determinants of health - housing, employment, financial concerns, support and address health anxiety. Then observe as their satisfaction and wellbeing improves which leads to a decrease in their consumption of primary and secondary care.





## Bengali Sanskriti Club award

We are delighted share the news that Bengali Sanskriti Club, Peterborough, has been awarded the Heritage Global GSOE (Greatest Show on Earth) Award this year.

They are one of three organisations in the UK to be given this prestigious award. It is presented across all countries globally, to 3 organisations in each country. Anna Ghosh said she was extremely proud to receive the award in the third year of the Durga Puja Festival, along with Ananda, Milton Keynes and United Hindu Cultural Association, London. Also, a big thanks to Heritage Global for recognising their hard work and effort in sharing Bengali art and culture in the UK.

The award was presented by Baroness Jennifer Jones in the Houses of Parliament on Monday 28th October.

# **Events, Funding & Training Newsletters**

Keep up to date the latest news on training and funding via our newsletters. These include ongoing free online training opportunities and details of our 3rd Thursday of the month sessions at Allia Future Business Centre that are proving to be popular!

#### **Events Newsletter**

**Funding Newsletter** 

**Training Newsletter** 

Upcoming training events hosted by PCVS in October:

3rd Thursday Networking Event - 21 November 10am - 12pm - Find out about Arts Council funding opportunities with Caroline Wallace - click here to book a place - Third Thursday Networking: Meet the Funder | Go-Vip

#### Women's Aid - Training

As part of the Dahlia Project, we are providing some free training to professionals on Breast Ironing and Forced Marriage V Arranged Marriage.

Please register for the event through ticket master and copy the Teams link into your diary...

Tuesday 19<sup>th</sup> November on line 9.30-12pm

https://www.ticketsource.co.uk/peterborough-womens-aid/t-eadlkgz

#### Join the meeting now

Tuesday 26<sup>th</sup> November on line 1.30-4pm

https://www.ticketsource.co.uk/peterborough-womens-aid/t-vvamelk

#### Join the meeting now

Thursday 5<sup>th</sup> December on line 9.30-12pm

https://www.ticketsource.co.uk/peterborough-womens-aid/t-avgzgre

#### Join the meeting now

Thursday 12<sup>th</sup> Dec 1.30-4pm

https://www.ticketsource.co.uk/peterborough-womens-aid/t-gaojxno

#### Join the meeting now

Tuesday  $4^{th}$  February 9.30-12pm Annes House, 32-34 Cromwell Road, Peterborough

https://www.ticketsource.co.uk/peterborough-womens-aid/t-Ingekyj

#### **Discounted Training**

If you are a member of PCVS, YMCA Trinity are offering 10% discounts on essential first aid training in 2024 and 2025 - if you would like to learn more email: Communities@pcvs.co.uk

## **Sector News**

## **Budget 2024: Key implications for charities**

## **Development of the Civil Society Covenant**

Find out about the work NVCO are doing to help shape future relationships with both local and central government and how you help by sharing your views and experiences.

#### **The Civil Society Covenant**

We're working closely with the government and ACEVO (the Association of Chief Executives of Voluntary Organisations) to develop the Civil Society Covenant.

The Covenant is a new agreement to improve the relationship between civil society and government.

#### What is the Civil Society Covenant?

Earlier this year, we worked with our members and <u>ACEVO</u> to develop a <u>Voluntary Sector</u> <u>Manifesto</u>. The Manifesto calls for a new framework to reset the relationship between our sector and government. The new government is keen to work with us on this.

Since the general election, we've engaged over 50 voluntary infrastructure bodies and worked with the <u>Department for Culture, Media and Sport (DCMS)</u> to develop draft principles that will define this new two-way relationship. Once finalised, these principles will form the Civil Society Covenant.

The Covenant will:

- support collaboration between civil society organisations and government
- ensure respect for the different roles we play, and protect our independence
- support all public bodies and civil society organisations
- build on and support existing agreements in place at a local level
- complement other arrangements in Scotland, Wales and Northern Ireland.

Now is your chance to share your views on this work.

## <u>Upcoming Health Events</u>

Health and wellbeing event (Support in difficult times)

Health and Wellbeing Network – 7<sup>th</sup> November 12-1.15 with speakers from Anglian water, The HEAT partnership and Peterborough CAB

https://forms.office.com/e/z1nqn1fAkf

The next **Showcase event is on the 20<sup>th</sup> November** from 9.30-4.12 voluntary sector organisations will be presenting on line through out the day (25 mins each) Please join us

#### **SESSION TIMINGS**

Session 1 9.30 Healthwatch 9.30 Present 9.45 Q+A 9.55 FINISH

Session 2 10 Steel bones 10.00 Present 10.15 Q+A 10.25 FINISH

Session 3 10.30 Cambridge Community Arts 10.30 Present 10.45 Q+A 10.55 FINISH

Session 4 11 Emmaus 11.00 Present 11.15 Q+A 11.25 FINISH

BREAK 20 mins

Session 5 11.45 CPSL Mind 11.45 Present 12.00 Q+A 12.10 FINISH

Session 6 12.15 Homestart 12.15 Present 12.30 Q+A 12.40 FINISH

Session 7 12.45 Cambridge CAB 12.45 Present 13.00 Q+A 13.10 FINISH

BREAK 20 mins

Session 8 13.30 Action for Pulmonary Fibrosis 13.30 Present 13.45 Q+A 13.55 FINISH

Session 9 14.00 Caring Together 14.00 Present 14.15 Q+A 14.25 FINISH

Session 10 14.30 ARHC 14.30 Present 14.45 Q+A 14.55 FINISH

Session 11 15.00 Care Network 15.00 Present 15.15 Q+A 15.25 FINISH

Session 12 15.30 Sew Positive 3.30 present 3.45 Q+A 3.55 FINISH

https://forms.office.com/e/GAB8sWY5m5

# <u>Inclusive Leadership offer from Sharon and Miriam- 20<sup>th</sup> November (this is for Voluntary Sector Network members)</u>

Dear colleagues,

You may recall that earlier this year the Integrated Care Board ran a programme facilitated by Above Difference – the programme was about Cultural Intelligence for Inclusive Leadership. Our sector was offered funded places on this culture change programme and a number of us attended the three day programme. Miriam Martin, Caring Together and Sharon Allen, Arthur Rank Hospice Charity would like to share their reflections and feedback from the programme with voluntary sector leaders. A two hour workshop will take place on 20 November, 13.00 to 15.00 at The Maple Centre, Huntingdon. Places are limited to 15 so please **contact Debbie to express your interest** in joining as soon as possible. Thank you to those who have emailed.

#### An introduction to ReSPECT on 17<sup>th</sup> Dec 2-3 on Teams

ReSPECT stands for Recommended Summary Plan for Emergency Care and Treatment.

The ReSPECT process creates a summary of personalised recommendations for a person's clinical care in a future emergency in which they do not have capacity to make or

clinical judgement. The most important part of ReSPECT is the conversation between the person and their health care professional (often a GP, Community Nurse or Hospice professional). This conversation is then recorded on the ReSPECT form which is kept at the person's home and should be used if emergency services need to be called to ensure that the person's wishes are indeed respected. Organisations providing care and support services should be aware of ReSPECT and how to support people using our services to know about it, how to ask for the conversation with a healthcare professional and how to have their wishes recorded. This introductory session will cover:

- Awareness and understanding of the ReSPECT process and documentation
- Knowledge of how to apply this is in the workplace
- Understanding of your role and how it contributes and complements the ReSPECT Process

https://forms.office.com/e/DbBpmj4K55

## Trustees' Week 4-8 November 2024.

Trustees' Week is a time for us to come together to celebrate the achievements of nearly one million trustees across the UK.

Thank you for the time, commitment and effort you bring to your charities to help them thrive. Throughout Trustees' Week you'll have the chance to connect with other trustees to share your experiences or find out how to become a trustee. You'll also be able to develop your skills through our wide range of events, training and guidance.

Following the link for more information: <u>Trustees Week – Showcasing the work of charity trustees</u>

## MigRefHealth Project

As part of the <u>MigRefHealthProject</u> Anglia Ruskin, Greenwich and Middlesex Universities aim to gather information about housing, nutrition and advice services that can support refugee, asylum-seeking and migrant communities health and well-being, and where any potential barriers to access exist.

To do so, we are gathering data about "community assets" – formal or informal services and activities which support or are used by diverse refugee, asylum-seeking and migrant communities to help with their health and well-being in 12 locations:

Barnet, Islington, Greenwich, Lewisham, Braintree, Colchester, Ipswich, Lowestoft, Great Yarmouth, Norwich, Cambridge and Peterborough.

as community centres or open spaces (e.g. parks, allotments, lakes, rivers, canals etc) and support services (e.g. law and advice centres etc) among others.

We plan to record such assets and to create an online map of the support available that can be accessed by these communities in the future.

We would be grateful if you could fill out a short form to let us know any such "community assets" in relation to health and well-being that refugee, asylum-seeking and migrant communities could use in your geographic locality.

You can access

the survey here: <a href="https://app.onlinesurveys.jisc.ac.uk/s/angliaruskin/community-support-search">https://app.onlinesurveys.jisc.ac.uk/s/angliaruskin/community-support-search</a>

Thanks in advance for your valuable time and help!

To find out more please go to MigRefHealthProject.

### Improving digital access to health care

NHS Cambridgeshire & Peterborough want to better support local people by giving you greater digital or online access to healthcare information, options and services.

We are at the early stages of creating a digital/ online solution that is accessible and easy to use. Something that would offer you personalised support to get the healthcare you need, when you need it.

You will still be able to access care through traditional means (in person and over the phone) and we are keen that any digital solution helps to enhance your experience of health services.

Help us understand what works well for you now and what would improve your experience. Your feedback will help to shape how we improve digital access to healthcare in future.

Click here to complete a short survey: <u>Improving digital access to health care |</u>
<u>Healthwatch Cambridgeshire</u>

The deadline is beginning of December.

# Voluntary Sector Network



Together for healthier communities

To view the latest newsletter follow this link <u>Cambridgeshire and Peterborough + Voluntary</u> <u>Sector Network - Update Bulletin - October 2024 - Support Cambridgeshire</u>

## **DASV Partnership**

Please find below information from the DASV Partnership on planned events and awareness raising taking place in November.

18th November is the start of Safeguarding Adults Week so look out for social media posts, we will specifically be highlighting Carers Rights Day on 21st November (materials to follow)

We are also running a series of free webinars:

- <u>Supporting Male Victims of Domestic Abuse</u> 7th November, 12.00 13.00
- <u>Domestic Abuse and Cancer</u> 26th November, 11.00 12.00
- Supporting survivors of DA with Visual Impairment, 28th November, 10.00 -13.00
- Post Separation Abuse 2nd December 10.00 11.00
- Supporting survivors with Learning Disabilities, 3rd December 12.30 13.30
- Controlling and Coercive Behaviour 5th December. 12.00 13.00
- Economic Abuse of Older People 9th December, 10.00 11.00
- Harmful Practices 10th December, 13.00 16.30

25th November – White Ribbon Day and International Day for Elimination of VAWG, Flag raising events in Peterborough, Cambridgeshire County Council HQ and district councils. Info will be in November newsletter.

29th Nov – It starts with MEn event – for male senior managers in partner organisations – let me know if any men in your organisation would like to attend.

There will be DASV information stalls in Peterborough Hospital on 27th November and Hinchingbrooke Hospital on 5th December (organised by Emily Hudson at NWAFT)

White Ribbon resources, including for organisations working with children and young people White Ribbon Day 2024 — White Ribbon UK

minute family law drop in clinic on a Tuesday from 10:00am until 2:00pm, and can assist client's with advice concerning the below;

- i. Divorce & Separation matters;
- ii. Child Arrangements matters;
- iii. Domestic abuse matters; and
- iv. Care matters.

Please note, Pepperells Solicitors also have a Legal Aid contract and can therefore provide client's with funding assessments in relation to any of the above. Contact Philippa Macfarlane.on 01522 717410.

## Lloyds Bank Foundation - Navigating a section 114 notice

Lloyds Bank Foundations, latest report, alongside NAVCA, focuses on local authorities facing financial difficulties. Cuts in local government funding threaten VCSE organisations and the communities they support. In some cases, councils end up issuing a Section 114 notice, producing a cliff edge in funding for charities.

Although both councils and VCSE organisations will be unique in their responsibilities, approaches, and challenges, this report provides key recommendations for both councils and charities to navigate the process.

It recommends that charities build their approaches around three core components:

- Evidencing the VCSE role and contribution
- Building council relationships at multiple levels
- Reframing the external narrative around the impact of cuts on communities.

To read the report click How to navigate a section 114 notice

#### **COVID-19: vaccinations for those under 18**

#### General lines

The NHS is offering the seasonal COVID-19 vaccination to those children who are at higher risk of getting seriously ill if they get COVID-19, based on expert advice from the Joint Committee on Vaccination and Immunisation (JCVI).

Children will be offered a vaccination that is safe and effective for them.

Depending on the age of your child, there are different ways to arrange their vaccination.

Children under 5

arrange your child's vaccination.

#### Children aged 5-17

If your child is aged 5-17 and is eligible for their seasonal COVID-19 vaccination, please take them to a walk-in clinic near you to get their vaccination. You can find all of our latest walk-in clinics, including some being delivered by community pharmacies, via www.thevaccinators.co.uk.

Some pharmacies may choose to advertise their walk-in clinics on a local level, rather than via our website, so if you are not sure whether your community pharmacy offers COVID-19 vaccinations to people in your child's age group we recommend you speak to them directly.

**Subscribe** 

Past Issues

# DID YOU KNOW UK BRP'S ARE EXPIRING ON 31ST DEC 2024?

All <u>BRPs</u> now <u>expire</u> on or before 31

<u>December 2024</u>. This is because the Home

Office intends to stop issuing BRPs

beyond this date and will be transitioning

to <u>digital immigration statuses</u>.

#### **HOW WE CAN HELP:**

**UKVI** Account creation

**E-Visa Applications** 

**Update Personal Details** 

ID Checking / Account unlocking & many other services

**Contact Us Now** 

**U** 01733 566343



www.gladca.org.uk

316-318 Gladstone Street
Peterborough
PE1 2BX















everyone has an online immigration status, also known as an eVisa. All the BRPs will be transitioned to an E Visa by end of Dec 2024.

In light of this change, GLADCA is pleased to announce that we will be supporting and delivering a new E-Visa service to help streamline the transition and ensure compliance with the updated requirements.

Please circulate this information to the wider communities to help reach as many individuals as possible who may be affected by this change.

## Jobs

An exciting opportunity at CPSL Mind

CPSL Mind is a vibrant, values-led charity that supports local people in their recovery from mental health issues, promotes wellbeing and campaigns against stigma and discrimination.

WorkWell is an exciting new project that will look to support people across Cambridge City, East Cambs and South Cambs in either getting back to work or to enable them to thrive at work.

WorkWell Team Lead

Fixed Term Contract to 31st March 2026

Salary Scale Point 28 (April 2024)

£36,219.00 per annum (Full Time)

4 days 9.00am-5.00pm, 1 day 11.00am - 7.00pm

Based in our Cambridge office with hybrid working option and some travel across South and East Cambridgeshire.

Closing date for applications 10 November 2024.

To find out more about the role and how to apply please visit our website: www.cpslmind.org.uk to complete a CPSL Mind Application Form, then attach your covering letter outlining how you meet the person specification and a completed Equality & Diversity Monitoring Form.

If you require further information please contact Carolyn Smith, HR Co-ordinator carolyn.smith@cpslmind.org.uk







#### Our mailing address is:

Peterborough Council for Voluntary Service
Allia Future Business Centre
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Peterborough, Cambs PE2 8AN
United Kingdom
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